

You Will Succeed with H MV



2011 International Convention

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Basic Steps to HMOV Success

- ▶ Designate Chairpeople
- ▶ Develop a Cohesive Theme
- ▶ Decide # of Sessions and Spacing (e.g. monthly)
- ▶ Assign roles (facilitator, registrar, host)
- ▶ Design brochure or flyer
- ▶ Reminders prior to sessions (email, phone)
- ▶ At session review rules; discussion not lecture
- ▶ Provide feedback to facilitators and participants

Designate Chairpeople

- ▶ One or two responsible, enthused members
- ▶ Experience with group process is a plus
- ▶ Ability to assemble a small committee
- ▶ More people involved, greater the anticipated participation

Decide # of Sessions

- ▶ Timing of sessions is crucial
- ▶ A consistent time works best (e.g. first Sunday night of each month)
- ▶ Sessions should last 90 minutes on average
- ▶ Leave time for snacking and socializing

Determine Roles

- ▶ Select facilitators who have expertise in an area or who are comfortable running groups
- ▶ Choose a registrar to take reservations and coordinate the session, low stress commitment
- ▶ Pick a host who provides the location and food
- ▶ Engage a broad range of (non)members

Develop a Theme

- ▶ Easiest to start with existing **fjmc** programs (Work and Worth, Fathers and Sons, etc.)
- ▶ A variety of topics can work, though a theme may work best
- ▶ If a variety of themes are desired, consider a round robin presentation
- ▶ Themes can be broad or highly specific as long as they are of interest to men

Creating Successful Themes

- ▶ Highly relatable to targeted audience
- ▶ Flexible enough for a number of sessions
- ▶ Expansion of a previously successful topic
- ▶ Allows for broadest range of participation
- ▶ Thought provoking / fun / engaging / controversial

Themes We've Developed

- ▶ Exploring Identity...
 - occupational, physical, generational, spiritual, relational, individual
- ▶ Relationships, Relating to...
 - bullies, religious leaders, co-workers, mentors, dating, yourself
- ▶ Connections, Men connect through...
 - achievement, Judaism, sports, humor, family, food
- ▶ Jewish Holidays, celebrating...
 - High Holidays, Chanukah, Shabbat, Purim, Pesach/Shavuot, Yom Hashoah/Yom Ha'atzmaut
- ▶ Entertainment...
 - vintage TV, music, film comedy, Jews in film, professional sports, contemporary TV

Ideas for Themes

Jewish identity

Israel in the modern world

Spheres of influence

Politics

Family issues

Prayer

Health

Facing evil

Inspiration

Jewish historical events

Hobbies

Marriage

Aging

Technology