

Thank you so much for signing up to buy **BAG A** for May!

The bag is to be dropped off at my house by 6pm on Sunday 5/9. Please use doubled brown paper shopping bags with handles. All contents should fit in one bag. Do not write name on bag and please stick to the list so all of the bags are of equal value. It should cost between \$20-30 and we appreciate your generosity in donating the items! Please avoid glass jars!

BAG A

Protein

- 1 10-12 oz Canned Chicken
- 1 10-12 oz Canned Tuna
- 1 16 oz jar of Peanut Butter-no trans/hydrogenated oils, low or no sugar

Veggie/Fruit

- 2 15 oz Cans of Fruit - no added sugars
- 1 14.5-15 oz Can of Diced Tomatoes or 1 24 oz Plastic Jar of Pasta Sauce
- 1 18 oz Plastic Jar of Jam/Preserves - low sugar/no artificial sweeteners

Grains

- 1 Box of Whole Grain Cereal, 18 oz or larger
- 1 Box 8-12 count Granola Bars (high protein, if available)
- 1 16 oz Box of Pasta

Thank you again for participating!! Let me know if you have any questions!!

Thank you so much for signing up to buy **BAG B** for May!

The bag is to be dropped off at my house by 6pm on Tuesday 5/9. Please use doubled brown paper shopping bags with handles. All contents should fit in one bag. Do not write name on bag and please stick to the list so all of the bags are of equal value. It should cost between \$20-30 and we appreciate your generosity in donating the items! Please avoid glass jars!

BAG B

Protein

- 1 10-12 oz Canned Chicken
- 1 10-12 oz Canned Tuna
- 4 Pack Individual servings of Mac & Cheese - Kraft or Annie's
- 2 cans 18.5 oz Protein and Veggie Soup (e.g., Progresso Beef and Vegetable)

Veggie/Fruit

- Box of 10, 100% Fruit strips (e.g., Good & Gather - Target)
- 3-4 Fresh Apples or 6 pack of No Sugar Added Apple Sauce
- 2 Cans of Vegetables (green beans, peas, etc.)

Grains

- 1 Bag of Precooked or Uncooked Brown Rice
- 6 Pack individual servings of popcorn or 10 Pack of pretzels (e.g., Skinny Pop, Snyder's pretzels)

Thank you again for participating!! Let me know if you have any questions!!