

B'NAI ISRAEL

Maintaining a healthy and sound body is among the ways of G-d...

—Maimonides, Mishneh Torah, Hilchot Deot 4:1

Family Health & Fitness Expo

Sunday, October 21 | 9:30 AM – 1:00 PM

Special Expo Presentation on MEDICAL MARIJUANA with guest speaker Brian Sanderoff, a holistic pharmacist with more than 25 years of clinical experience using herbs and nutrients to help his patients. A light breakfast will be served at 9:30 AM, followed by Mr. Sanderoff's presentation at 10:00 AM.

- Flu Shots
- Vision and Hearing Screenings
- Carotid Artery Screening
- Grip Strength and Skin Screening
- Nutrition Advice
- Health & Fitness Advisors
- Blood Pressure
- Interesting Vendors and more



Questions? Contact Wayne Berman (240-888-0843) or Bram Hass (301-530-8064).

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