Men’s Health Program

* Build community and membership, leadership skills and
* Commitment to the synagogue life
* By participating in sports or other events, members can have the opportunity to bring in other potential members
* Engagement in initial activities may encourage further participation and commitment to other synagogue functions
* Dissemination of Club programs to enhance the synagogue

Reputation

* Development of programs to be models for other clubs
* Inter-generational commitment with programs to appeal to

Families thru participation and/or attendance to enhance

Family relationships

* Sports programs can bring in sons, fathers, grandfathers, uncles and other family and friends

To join the community and Men’s clubs

Physicians and other health professionals create a

Partnership of responsibility, education and support sys

Men’s health issues are family issues

In summary, this program is important in that it was a first for FJMC for the

New York Metro region of FJMC. It involved many clubs, both in presenting the content and hosting at least 60 attendees. It tapped into the medical

Expertise of its panel and FJMC members. The content was significant because it covered health issues that affect people of all ages, such as

Issues of heart health and aging. Therefore, one of the key goals of the FJMC was achieved in bringing together men of ages.

A future program with a focus on children and sports would be particularly

Relevant for younger families.

These FJMC programs enhance our community in several ways. They involve members who share their knowledge of important topics and they attract all

age groups.